

Buddhas On Bikes

MOAB DESERT
RETREAT

November 3-6

Join us for a weekend of replenishment,
excitement, and nourishment!

**Buddhas On Bikes is the ultimate mountain biking
and yoga retreat, located in breathtaking Moab,
Utah.**

Together our tribe will stay in a newly remodeled,
all amenities home (hot tub included), overlooking
the beautiful desert views of the La Sal Mountains.

This journey includes:

- Immersive time in nature.
- Nourishment of your body with home cooked
herbalism meals by Chef Kaylie.
- Mountain bike leadership linked with the
relationship between biking and yoga with Cat.
- Restorative and healing practices with Megan.



Register:
MindBodyOnline
Questions:
info@theSweatyBuddha.com