

November 3-6

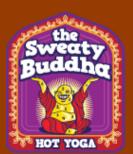
Join us for a weekend of replenishment, excitement, and nourishment!

Buddhas On Bikes is the ultimate mountain biking and yoga retreat, located in breathtaking Moab, Utah.

Together our tribe will stay in a newly remodeled, all amenities home (hot tub included), overlooking the beautiful desert views of the La Sal Mountains.

This journey includes:

- -Immersive time in nature.
- -Nourishment of your body with home cooked herbalism meals by Chef Kaylie.
- -Mountain bike leadership linked with the relationship between biking and yoga with Cat.
- -Restorative and healing practices with Megan.





Register: MindBodyOnline Questions: info@theSweatyBuddha.com

