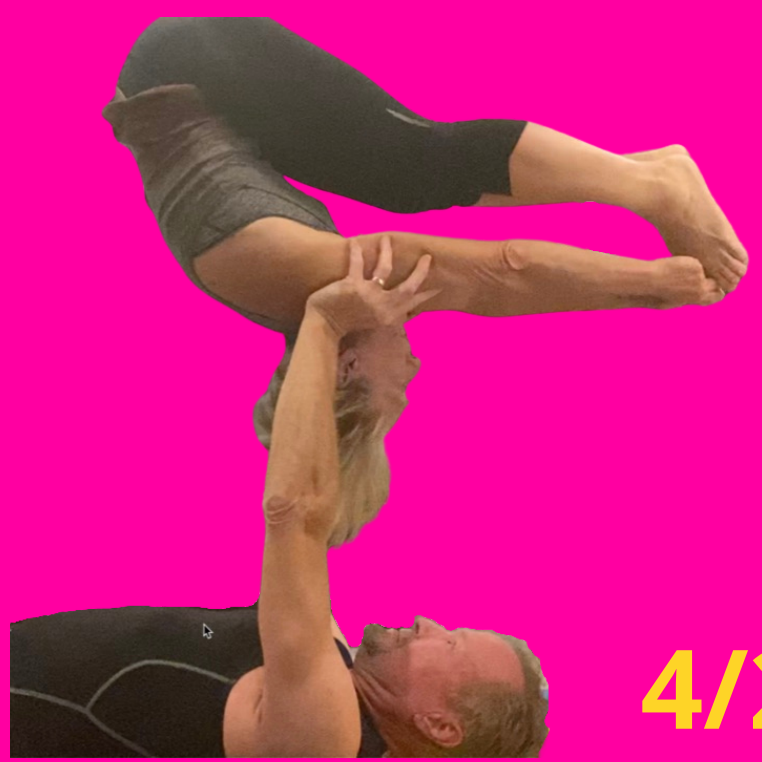


APRIL 24TH ACRO YOGA



4/24 1-3:30pm
continuing with the
2nd Sat of every
month!

This seminar will introduce you to Acro Yoga or help you advance your practice. ALL LEVELS WELCOME!



You will:

- Challenge yourself
- Build confidence
- Develop new skills
- Practice communication
- Have fun!!!

Join Ken Tallman as he *flies* you through new Acro Yoga poses Including Prasarita Twist, Candle Stick, Flag, High Cross, and more!



\$35 for new students.
Included In your monthly pass If you've previously attended an acro yoga seminar at The Sweaty Buddha